

*A Syllabus for (the first-half of) 2018*

*A Video/Discussion Class*

---

THE HUMANIST GROUP OF  
COMMUNITY UNITARIAN UNIVERSALIST CHURCH  
PLANO, TEXAS

***THE MEANING OF LIFE: PERSPECTIVES FROM THE  
WORLD'S GREAT INTLLECTUAL TRADITIONS***

Feb. 1<sup>st</sup> - The Meaning of the Meaning of Life

Feb. 8<sup>th</sup> - The Bhagavad Gita - Choice & Daily Life

Feb. 15<sup>th</sup> - The Bhagavad Gita - Discipline & Duty

Feb. 22<sup>nd</sup> - \*\*\* BREAK \*\*\*

Mar. 1<sup>st</sup> - The Bhagavad Gita - Union & Purpose

Mar. 8<sup>th</sup> - Aristotle on Life - The Big Picture

Mar. 15<sup>th</sup> - Aristotle - The Highest Good

Mar. 22<sup>nd</sup> - Aristotle - The Happy Life

Mar. 29<sup>th</sup> - Job's Predicament - Life is So Unfair

Apr. 5<sup>th</sup> - Job's Challenge - Who Are We?

Apr. 12<sup>th</sup>                    \*\*\* BREAK \*\*\*

Apr. 19<sup>th</sup> - Stoicism - Rationality & Acceptance

Apr. 26<sup>th</sup> - Human Finitude - The Epicurean Synthesis

May 3<sup>rd</sup> - Confucius - Order in the Cosmos & in Life

May 10<sup>th</sup> - Dao De Jing - The Dao of Life & Spontaneity

May 17<sup>th</sup> - Dao De Jing - The Best Life is a Simple Lifengzi

May 24<sup>th</sup> - Dao De Jing - Subtlety & Paradox

May 31<sup>st</sup>                    \*\*\* BREAK \*\*\*

Jun. 7<sup>th</sup> - Zhuangzi on Daoism

Jun. 14<sup>th</sup> - The Teachings of the Buddha

Jun. 21<sup>st</sup> - Santideva - Mahayana Buddhism

Jun. 28<sup>th</sup> - Santideva - Transforming the Mind