



The Community News

October 2015

OUR VISION

We will become a dynamic and nurturing religious community that celebrates our human diversity, supports lifelong spiritual growth, and acts for compassion and justice in the larger community.

Service Auction Travels Around The World

The service auction is our third and largest in our Big 3 Fundraisers series, and this year we're going far! Our goal for this year is \$20,000, and to get there we're going "Around The World!" And to do that, we need You. We need your creativity, your vision, and your participation.

Become a Table Host

If you were to travel around the world, what would that look like? What ideas come to mind? Venice? Magellan? The Mercury space capsule? Create your own take on what "Around the World" means to you, then deck your table out accordingly. Next, invite people to share in your table, and come dressed for it as well. A Jules Verne-themed table is rich with characters.

Invite Yourself, Please

There's no need to wait for an invitation to come. We need people to "travel" with us, and who better than you? When traveling abroad, you never know whom you'll meet. Jump in with both feet.

Go on Safari, Acquire Items

Auctions need goods and services to auction off in order to be considered, you know, an auction. In years past, we've offered up orthodontics, music lessons, electronics, unique meals and parties, musical instruments, art work, handyman services, and a lot more. What can we acquire from abroad? If you've an interest in either donating or in soliciting for donations, please request more information below.

To save the date, mark out **Saturday, Nov. 21st** on your calendars. **Doors open at 5pm for the silent auction. Dinner will be served at 6pm. The Live Auction begins at 7pm.** It will be held here at the church, located at 2875 East Parker Road, Plano, Texas 75074.

To sign up to attend, or to become a table host, contact Barb Salvo at pirth13@verizon.net. To acquire/donate items, contact Dick Hildenbrand at hhildenbrand@dfwair.net. For general questions, email serviceauction@communityuuchurch.org Let's make this our biggest auction yet! Rob Saxon

October, 2015 Sunday Services

Theme - Death

October 4- "A Reflection on Mortality" - Guest Speaker, Sarah Reiling

October 11 - "...Time and Death and All the Stars" - Rev. Patrick Price

October 18- "On Being Alive and Having to Die" - Rev. Patrick Price.

October 25- "Death, Transformation and Zombies" - Rev. Patrick Price

**12:15 p.m.: Inquirer's Class held the fourth Sunday of each month*

Typical Sunday

10:30 - 11:45 a.m.: Worship, Religious Education for Children and Youth, and Nursery Childcare

11:45 a.m.: Coffee and Conversation

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Patrick's Ponderings

Death is a subject that most of us choose to avoid or ignore, when we can. For many of us the closeness of a death in our life is current and fresh. For others the anguish of the old losses is charged by newer deaths, even by those not related or close to us. It is bad enough to be reminded of the losses of friends and family we have lost in our lifetimes. Those refreshed pains only ease, and become bitter-sweet with reflection and time. Much of the pain of our losses is from our being deprived of the presence of our beloved.

It is not just DEATH, as in our physical mortality, but also the many, constantly occurring "little deaths." in our lives. The end of anything and everything is a type of death, leaving the reality of the present, in our past. Quite frankly, endings generally scare most of us. We tend to tie up our sense of self with our relationships to the world. And, when there is a possibility that those relationships might change in some fundamental way, we tend to be afraid. Internally, we equate the "little deaths" of these endings to the perceived finality of our physical deaths. Many of our anxieties connected to "Death" with a capital "D," then come into play without our consciously being aware of them.

Yet, I feel that even these are not sufficient to account for the profound aversion we seem to have in dealing with the topic of "death" itself. In our interconnectedness, we partake in each other's existence in a variety of ways and levels, from the subatomic to the cosmic. Because of our awareness of those connections, the concerns for our own mortality are struck, rung like a bell, resonating waves of fear and anxiety through us. Our fears send us running for cover, but also pique our curiosity about the large and terrible, and often tender, mysteries of death.

Be with us as we explore these and other Mysteries of our lives together.

See you in church! Blessings, Patrick

Memorial Service for Robert "Rob" Milton West

A celebration of Robert West's life, long time friend of the congregation, husband to longtime member Sally West, and father of Jon, Robby, Daniel and David West, will be held at 11:00 AM on October 10th, 2015 at the Community Unitarian Universalist Church of Plano, Texas. The Rev. Patrick Price will officiate. A reception will follow the service. In lieu of flowers, please consider a contribution to the charity of your choice in Rob's name. If you have any questions, please contact the Rev. Patrick Price, Revpprice@communityuuchurch.org, or 972-639-7901 text/mobile.

There will be a Special Congregational Meeting following worship services on Sunday, October 18th. The purpose of the meeting is two-fold: First, to discuss the state of the roof and its repair/replacement. Second, to have the church vote in support of the Black Lives Matter movement and to authorize the purchase of a banner for us to post, to be visible from Parker Road.

President's Column

On August 22, 2015, the date of our annual All Church Leadership Retreat, we came together to share our dreams, and to talk about building a new way forward for the next 50 years as a church community. We talked about our vision, and about the need for action to achieve that vision. Several items were identified by the group as important to our vision. These included improvements to the church building, continued social action outreach, increasing congregational diversity, and increasing our resiliency. As these items were discussed, a number of areas for emphasis were identified. These areas included:

- Church Building
 - Identify and perform tasks that while low or no-cost, will result in immediate improvement in the appearance of the interior of our building
 - Within the next 5 years, develop a plan to make our facility more livable and attractive
 - Establish a building plan committee
 - Establish a capital campaign committee
- Increasing Congregational Diversity
 - Focused ministries for singles, families, LGBTQ, and multilingual materials in the foyer
 - Campus ministries in local colleges
 - Increased number of multigenerational services, including junior worship associates, musicians, etc.
- Social Action Outreach
 - Outreach to LGBTQ community in Collin County
 - Homeless projects
 - Health and medical support initiatives
 - Food for hungry children
- Resiliency
 - Keep up with social trends through technology
 - Understand the demographics of the population in our area

An ambitious list to be sure, but one that will serve as a guide for action. That is our next step – to identify and implement actions that will help us achieve our vision. This fall you will be invited to join us as we revisit these items, identify specific actions needed, and begin to take those actions. On August 22nd, fifty church members came together to begin building a new way toward our future. When you are invited to join us to continue this work, I hope you (all of you) will be there.

Fondly, Lexie

SASSY (Seniors Aiding Seniors Stay Young) is a group of Caring Committee members who focus on concerns that can afflict any of us, but can be especially problematic for the elderly. You may wish to join us if you are a senior and you:

- Live alone and are dependent on others for your daily needs
- Are the principal caregiver for a dependent loved one
- Are in good health and live independently now, but alone.

You are welcome if you are not a senior but are interested in learning or participating. We exchange information, share experiences, network with one another, and occasionally bring in a guest speaker. Broader outreach is a goal. **We meet at 1pm the first Thursday of every month at the church. All are welcome to attend. Contact Janice Hildenbrand for more information.**

October, 2015

Simple Living Chalice Circle Meeting time and place – The next meeting will be **Saturday morning Oct. 10, at 11am.**

Theme/topic – Learning together to live deliberately.

Facilitator – Contact Ona Tannehill at Email simpleliving@communityuuchurch.org for location.

The Texas Unitarian Universalist Justice Ministry (TXUUMJ)

requested our church confirm our priorities for the time period between legislative sessions. **We confirmed our existing priorities:**

1. Reproductive Justice
2. Economic Justice/Income Equality
3. Voting Rights

There were two additional issues:

Our church added Black Lives Matter as a key priority

We also attached an article on Payday Loans from the League of Women Voters for review.

Advisory Board Representatives:
Linda Frank, Nelah McComsey.

Everybody Game Night! October 16 in Founders Hall.

This monthly event sponsored by the RE Board is for everyone who loves to play games. We meet on the third Friday of every month. Potluck dinner at 6:30pm, games from 7:30-10pm, childcare provided for young children (or children who are done with game-playing for the night). Come for dinner, come for games, or come for the whole evening. And it's free! Questions? Ask Danni Williams or Seana Saxon of the RE Board.

Friday Night Flicks - Founders Hall 7pm.

October 9 - McFarland USA - 2015

Track coach Jim White's (Kevin Costner) search for work leads him to a high school in California's Central Valley with a largely Latino student body. After White and his determined athletes establish a bond of trust, remarkable achievements are on the horizon.

October 30 - Love and Mercy

Rides to Sunday services

The Caring Committee is working to meet the needs of members and friends who need rides to Sunday church services.

If you are a member or friend of the church and need a ride or can provide rides, please contact Caring Committee member **Betsy Friauf**: elizabethriauf@sbcglobal.net (corrected email address) or 817-637-5726.

Plano Balloon Festival Parking

We had a very good weekend for the Plano Balloon Festival. We parked 912 cars and, with water sales, we grossed \$9400. After expenses our net was \$6000; \$1700 better than the budgeted net of \$4300. We couldn't have done this without the tireless work of all the volunteers who parked cars, sold water, and held signs. A big THANK YOU to our volunteers!

Deadline for the November newsletter is Friday, October 16. Email your articles to newsletter@communityuuchurch.org.

Literary Ladies Book Club Upcoming Meetings

Women members and friends of Community UU Church are welcome to join us on **the third Tuesday of the month from 7 – 9pm.**

Date: Oct. 20

Location: Val Gomes' home. Reply to Val by **Oct. 16** if you plan to attend.

Selection: The Girl Next Door by Ruth Rendell *In this psychologically explosive story from "one of the most remarkable novelists of her generation" (People), the discovery of bones in a tin box sends shockwaves across a group of long-time friends. In the waning months of the second World War, a group of children discover an earthen tunnel in their neighborhood outside London. Throughout the summer of 1944—until one father forbids it—the subterranean space becomes their "secret garden," where the friends play games and tell stories. Six decades later, beneath a house on the same land, construction workers uncover a tin box containing two skeletal hands, one male and one female. As the discovery makes national news, the friends come together once again, to recall their days in the tunnel for the detective investigating the case. Is the truth buried among these aging friends and their memories?*
Amazon

New! New! Singing Group. I'm starting a new outreach singing group. We will practice on Thursday afternoon and perform about the same time. Nelah McComsey will play piano for us and I will direct. We will sing the songs from the 40's-50's era and perform at local senior care facilities. If you love to sing and would like to be a part of this group, please contact Mina Daffinee (972-867-5548) or mjdaffinee@aol.com. **We will meet every Thursday at 1pm in the church sanctuary.** Mina Daffinee

Religious Education

Beginnings and Endings

By Kathy E. Smith, Director of Religious Education

*There is a beginning and an ending for everything that is alive. In between is living.
From "Lifetimes", by Bryan Mellonie*

The worship theme for this month is "death". It's a topic that brings up lots of emotions for most of us. We may react by laughing nervously, making a joke, feeling tears well up, changing the subject, or avoiding the topic altogether. But most parents know, sooner or later, we are going to talk with our children about life and growth, death and dying, beginnings and endings. Although we adults often react to death with nervousness or remembered grief or avoidance, children do not necessarily share these emotional reactions. Their reactions may range from curiosity to denial to seeming indifference, or they may make jokes that make the adults around them wince.

"Death" is one of our thematic ministry topics so that we can talk about our discomfort, our fears, our curiosity, and our shared mortality. It gives us an opportunity to open up conversations about things that we should talk about but often don't. How do you do this with your children? Watch for the teachable moments – the encounter with a dead insect or animal, curiosity about a graveyard, a news story about a public figure. It's easier to talk about death when our own emotions aren't directly involved.

A child's questions should be answered directly and matter-of-factly. Even detailed questions should be answered without shame or embarrassment. Their interest gives you an opportunity to explain the cycle of life – that all living things die to make room for new things on earth. Keep it simple, honest, short, and directly responsive to the question that was asked. Children can only absorb a certain amount of information at a time. Leave space for the conversation to continue. Every conversation makes it easier for a child to come back with more questions later.

What about the "what next" question? Unitarian Universalists believe that how a person lived their life is more important than exactly how long it was. We believe that no one knows for sure what happens to our souls (or our spirits) after we die. We believe that whatever happens, the same thing happens to everybody, and our faith tells us that we don't have to be afraid of it. We know that we have the love of our families and friends to help us grieve. We know that as long as we remember the person, they will be a part of us. For more resources from a Unitarian Universalist perspective, check out the Church of the Larger Fellowship's children's pages at www.questformeaning.org/oldsite/clf.uua.org/uume/0303/lifetimes.html.

All of us have experiences with death and dying sooner or later. Talking about it with your child when the opportunity naturally presents itself is a good way to remind them that they can talk to you about anything, even if it makes both of you a little emotional or uncomfortable. One of the best reasons to talk with your child regularly and openly about all sorts of difficult subjects is to build a relationship of conversational trust. That happens best through lots of small conversations over a long period of time. These questions about beginnings and endings, hard though they may seem, are building blocks in the trust your children have in you that they are safe, they are loved, and although we may not always know all the answers, we are available for all of their questions.

In faith, Kathy

Hey, RE Teachers! Coffee and Coaching! This year the RE Board is sponsoring a new series of 45-minute coaching "mini-sessions" about questions YOU have asked about teaching Religious Education here at CUUC. It'll be fun, it'll be informative! Coffee, snacks, and childcare will all be provided. Second Sunday of the month. This month we'll look for you in Room F at 9:15 a.m. on October 11 to talk about classroom behavior management strategies!

Community News

Leadership Development Committee

Have you ever wished you were more connected at church? Have you ever wanted to see all the church committees and activities all together in one place? Well, your wishes have been granted!

Mark your calendars for **Saturday, October 17. Connections: Weaving the Web, will be held in the Community Harvest Garden from 2:00 until 4:00 pm.**

Representatives from all church committees and activities will be there to answer your questions and listen to your suggestions.

There will be entertainment, snacks and fun activities for children and adults. Come listen to music, get your face painted, win prizes and much much more. What a fun way to learn more about what our church can do for you!

(Don't worry about the weather, in case of rain we will move the event inside.)

Committee on Ministry

Have you seen a few people wearing a brand new **mint nametag with Committee on Ministry** written under their names? This committee is made up of three church members selected by our minister and approved by the Board who each serve for three years. At monthly meetings with Rev. Patrick Price this committee discusses topics and concerns brought to it by the minister, a committee member, or a member of the congregation.

Our role is to keep tabs on what is going well at church as well as what needs attention in the ministry of our church. When a need arises this committee acts as a conflict management group while respecting a covenant of confidentiality in our discussions.

Our goal is to promote and sustain the mission and vision for our church through advising and promoting its ministry.

Calling all CUUC leaders, official and unofficial alike!

The Southern Region of the UUA is holding its annual leadership conference from **November 13-15 in Glen Rose, and this year's theme is "Into the FUUTURE!"** The conference's mission is to "help leaders effect real cultural change toward growing a vital, healthy, effective UU community that helps its members achieve our vision of a world community with peace, liberty, and justice for all."

CUUC needs you to attend and bring back the knowledge and skills you gain so that our community may continue to flourish "Into the FUUTURE!" **The registration deadline is October 26, and funding is available.** If you are interested, please speak with a member of the Leadership Development Committee (we wear the maroon nametags) or email LDC@communityuuchurch.org.

For more information, check out uasouthernregion.org/events.html.

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UBarU Corner

Every Fall and Spring men from UU churches across Texas gather for a weekend retreat at UBarU Camp & Retreat Center near Kerrville (ubaru.org). Come and enjoy fellowship in the Texas Hill Country. Rest, relax, enjoy delicious meals and use the time as a break from your normal routines and schedules. The retreat facilitator, Rev. Mark Skrabacz, will guide us in a thematic inquiry and processes of introspection to deepen our life's path and build community among our fellow UU men.

The retreat runs **Friday-Sunday, Nov. 6-8**. We will begin gathering Friday afternoon to share an evening meal and end mid-morning Sunday. There is plenty of sleeping room in the new Dwight & Marie Brown Center; or, if you prefer, bring a tent and enjoy a night under the stars. The only thing you will need to bring are your own towel, sheets & blanket (or sleeping bag), and pillow, as well as any snacks and libations you would enjoy. Activities may include poker playing, volunteer projects, music, hiking around UBarU's beautiful rugged 142 acres, and fellowship. As anyone who has attended one of these retreats during the past decade will tell you, the event offers a pleasant, relaxing time to unwind and just get away for a couple of days while enjoying fellowship with other UU men. If you can't make it for two nights you are welcome for one (ask about rates). We encourage participation from all UU men across Texas. Please spread the word!

Sign up now and plan on it. The cost, which covers lodging and meals, is \$120 if received by Friday, Oct. 23; after early registration ends that day, the cost goes up to \$135. Send a check, payable to Mark Kilpatrick, to:

Mark Kilpatrick
4017 Threadgill
Austin, TX 78723

To register log on UBarU. For more information, please contact Mark Kilpatrick at texanmkk17@aol.com

What's New in the Community Garden?

Your Community Garden has donated 1847 pounds of fresh, organic produce so far this year (almost a ton!). We're way ahead of last year, probably because we have been harvesting squash, melons, and sweet potatoes!

Many of the plots have now been planted with winter crops. We are urged to plant in succession – planting seeds a week apart for several weeks, so produce will ripen in stages rather than all at once. We will be looking forward to lettuce and greens by the end of October!

If you're following along at home, here are some suggestions for winter plantings in the Collin County area. Seeds: Beans, turnips, kale, sugar snap peas, mustard greens, cilantro, radishes, parsley, beets, spinach. Plants: Broccoli, Brussel sprouts, cabbage, bok choy (these need to be done as soon as possible), kohlrabi, kale, lettuce, spinach,

The Community Garden really is a growing community-within-Community. We have volunteers who harvest our neighbor's figs (at her request), make signs to indicate what is planted in the plots, run the chipper for branches in the mulch pile, mentor younger folks on how to grow vegetables. We are thrilled that one of our young volunteers has started a community garden at his school! We have been gifted with a number of young adult volunteers through the North Texas Food Bank, who have come to help harvest and learn. Way to go and thanks, gardeners!

If you would like to learn more about the Community Garden, come out and chat with us any Sunday after church. Visitors are also welcome at the monthly socials – second Saturday of the month from 10-12 noon. Contact Deb Bliss for location and more information.

Deadline for the November newsletter is Friday, October 16. Email your articles to newsletter@communityuuchurch.org.

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Halloween Party October 31, 2-4 p.m. Join us for games, fortune telling, sensorium, movies, crafts and activities. And if you'd like to get in on the planning, we'd love to have your help! Do you have something special you'd like to do with our great community of kids – a new game, a Halloween craft, a fun activity? Or would you like to volunteer to help with something we've done before – the Sensorium, face-painting? Maybe you'd like to work with the teens to put on the Haunted House? Whatever your interest, we'd like to hear about it! **Contact Danni Williams, RE Board Member.**

Greetings to Community Unitarian Universalist Church members and guests from our Music Director Robert Brown.

I would like to introduce myself. I am pleased to say I have been appointed as music director for your wonderful fellowship. This happened rather suddenly as my family and I just recently moved back to the Dallas area just one month ago. My wife Sarah and our three kids, Rowan (8), Serena (5) and Aubrey (2), have lived in Corpus Christi prior to moving here. My wife also took a job as librarian at the University of Dallas.

My experience in music includes tradition classical lessons starting at 7 years of age. Since that time I have worked my way up to a masters of music in jazz performance at the University of North Texas. Also I have worked as an accompanist for The Nashville Ballet and played professionally settings which include classical, rock, jazz, and country styles. Working in a church setting is very familiar to me as I was music director for a Unity Church in Nashville as well as the Universalist Fellowship of Murfreesboro in Tennessee.

I look forward to making great music and enjoying fellowship with you all. I am honored to be your leader in music.

~

To learn more about Robert's music, please visit;

www.robertwbrown.com

or

www.facebook.com/rwbmusic

Introducing Sandra Kochenower (Sandy K) – Sabbatical Director of Religious Education - October 1, 2015 through the end of February 2016

An extremely proud Unitarian Universalist parent of two boys (6 & 16,) and former Director of Religious Education at Sacred Journey Fellowship in Garland. Kathy has served as both a friend and mentor on Sandy's journey into Religious Education and Sandy is now honored to have this the opportunity to utilize her unique skill set to keep the Religious Education wheels turning smoothly as Kathy embarks on her much deserved sabbatical.

The congregation at Sacred Journey Fellowship counts itself somewhat unique in that it is an earth-centered Unitarian Universalist church. From 9/2011 to 6/2012, it was her pleasure to present a Unitarian Universalist curriculum to classes managed in a "One Room Schoolhouse" arrangement, ages 18 mos to 13 years, up to 12 students at a time.

During the last three years she has worked as a Mobile Notary Public and Virtual Assistant for a variety of small businesses. Primarily acting as the Business Manager for a private behavior management consultant and trainer, Behavior Boss. During this period she has spent a great deal of time learning about and developing classroom management materials based on tried and true Positive Behavior Interventions and Supports. These techniques will work closely with the seven UU Principles and will aid her in providing many useful tools for the Religious Education Team.

At Quarter Time, she will be in the office on Sundays and select meetings and events and will be available via email, telephone or text Wednesday through Sunday afternoon, email or text is preferred in most cases.

Cell (972) 841-3292

**For our October 2015 calendar, go to our website at:
CommunityUUChurch.org**

Events listed on the calendar are subject to change. For more information and confirmation of these events, please visit the church calendar at <http://www.communityuuchurch.org/pages/calendar>.

August Financial Report

By Dick Hildenbrand, Treasurer

The August 2015 financial summary for our operating accounts is listed below. Pledges have been caught up by most and are running better than budget. YTD expenses are essentially on budget (a \$16 variance) and the only expense area running over budget is Facilities, which was hit earlier in the year with water issues, published last month. We have received a \$750 credit on our account from City of Plano Utilities, however we are paying down the significant excessive cost over the next four months, so Water will continue to run over budget for that period.

September began our fund raising season. Pops Concert netted about \$1,250 versus a net budget of \$1,350 – pretty close. We are considering moving Pops to a different time of year to allow more time for planning and publicity. As I'm writing, Balloon Festival is less than 20 hours away (Late Breaking News box will show the estimated results). Then on November 21, we'll have our annual Service Auction with the theme "Around the World". Service Auction is budgeted to gross \$17,000, however, we'd like to raise the bar to \$20,000 through more participation and donations, which can help restore

some of the budget cuts we were forced to make last spring.

Upcoming Share the Plate Offering

Date	Recipient
Oct. 25, 2015	UU Service Committee
Nov. 29, 2015	Minister's Discretionary Fund

FREE MONEY!

Albertson's: Use Community Partners key chain tag or have them enter 49000109261.

Kroger: Update your Kroger Plus card to link to organization 83309 at www.kroger.com/communityrewards. NOTE: It's time to renew your Kroger Community Rewards - just follow this link: <https://www.kroger.com/communityrewards>

Tom Thumb: Link your Rewards card to charity 8089 at Customer Service.

Amazon.com: Use this link for purchases: <http://smile.amazon.com/ch/75-1787256>

The church will get a portion of all purchase amounts!

INCOME & EXPENSE August2015

INCOME	August 2015	Month Budget	YTD Actual	YTD Budget	Annual Budget	% Annual Budget (FY 25% comp)
Total Offering Income	\$29,964	\$21,088	\$78,870	\$74,932	\$246,856	31.9%
Total Fund Raiser Income	\$160	\$0	\$454	\$225	\$24,900	1.8%
Total Building Usage	\$1,824	\$1,624	\$7,095	\$6,297	\$26,404	26.9%
Misc. Income	\$1,170	\$778	\$3,457	\$2,333	\$15,760	21.9%
TOTAL INCOME	\$33,118	\$23,490	\$89,877	\$83,787	\$313,920	28.6%
EXPENSE						
Administration	\$3,553	\$4,063	\$12,258	\$13,009	\$54,155	22.6%
Programs	\$1,648	\$1,744	\$5,165	\$5,302	\$22,789	22.7%
Religious Education	\$5,824	\$4,525	\$16,378	\$16,476	\$59,839	27.4%
Facilities/Grounds	\$5,505	\$4,805	\$15,801	\$14,292	\$60,222	26.2%
Ministry	\$7,801	\$7,797	\$23,384	\$23,891	\$98,900	23.6%
Denomination	\$1,614	\$1,614	\$3,228	\$3,228	\$17,754	18.2%
TOTAL EXPENSE	\$25,945	\$24,547	\$76,213	\$76,197	\$313,659	24.3%
NET INCOME	\$2,540	-\$249	\$8,459	\$8,487	\$0	

UU Church Contact Email Addresses

Rev. Patrick Price:

revpprice@CommunityUUChurch.org

President, Lexie McGrane:

president@CommunityUUChurch.org

Director of Religious Education, Kathy Smith:

dre@CommunityUUChurch.org

Director of Music, Robert Brown,

musicdir@communityuuchurch.org

Church Secretary, Connie Meints:

cuuc-office@CommunityUUChurch.org

Church Bookkeeper, John Elder:

bookkeeper@CommunityUUChurch.org

Facilities Coordinator, Duane Mortensen:

facilities@CommunityUUChurch.org

Membership Coordinator, Cindy Pilcher

mc@communityUUchurch.org

Board of Trustees: **board@CommunityUUChurch.org**

Trustees meetings are held the third Tuesday of each month at 7pm in Founders Hall. Members, friends and visitors are always welcome.

Worship Programs (Sunday Services, Ushers Coordinator, Interior Arts)

worshipteam@CommunityUUChurch.org

Caring Committee Coordinator, Mina Daffinee

Caring @CommunityUUChurch.org

Communications Director, Rob Saxon.

communications@communityuuchurch.org

Personnel Coordinator, Mike Owens

personnel-chair@communityuuchurch.org

Committee on Ministry, Anne Smith, Chair

Mincom@communityuuchurch.org

Social Action Programs

UUSInAction@CommunityUUChurch.org

Bridge Group Coordinator, Clint Burleson:

bridge@CommunityUUChurch.org

Circle Suppers Coordinator, John Snyder:

Circlesuppers@CommunityUUChurch.org

Friday Flicks Coordinator, Alice Mayo:

flicks@Community UUChurch.org

First Friday Folksingers Coordinator, Dick Hildenbrand:

folksingers@CommunityUUChurch.org

Outdoor Adventure Coordinator, Dick Hildenbrand:

outdooradventure@CommunityUUChurch.org

Leadership Development Committee:

ldc@CommunityUUChurch.org

Capital Improvement Committee (Bill Daffinee, Chair):

wrdaffinee@aol.com

Strategic Planning Committee:

planning@CommunityUUChurch.org

Chalice Circle/Simple Living (Coordinator Ona Tannehill):

simpleliving@CommunityUUChurch.org

Program Board: (Chet Smith, Chair):

programs@CommunityUUChurch.org

Finance Committee: **finance@CommunityUUChurch.org**

Stewardship Committee (Gene Verinder, Chair):

stewardship@CommunityUUChurch.org

Investment Committee: (David Hollands, Chair, Carol Wise, Karen Bethel): **investment@CommunityUUChurch.org**

Young Religious Unitarian Universalists (Kathy Smith, Coordinator):

yruu@CommunityUUChurch.org

Adult Enrichment/Adult Education (Celeste Kennedy, Director): **adultre@CommunityUUChurch.org**

EarthSpirit (Janie McDermott, Coordinator):

earthspirit@CommunityUUChurch.org

Men's Fellowship (John Elder, Coordinator):

men@CommunityUUChurch.org

Religious Education Board (Amy Dessert, Chairperson):

reboard@CommunityUUChurch.org

Hospitality Committee (Coordinator):

hospitality@CommunityUUChurch.org

Women's Alliance: **women@CommunityUUChurch.org**

UU Website Links

Unitarian Universalist Association (UUA): www.uua.org

Unitarian Universalist Service Committee (UUSC):

www.uusc.org

Southwest District (SWUUC): **www.swuuc.org**

North Texas Unitarian Universalist Congregations (NTUUC):

www.ntuuc.org

CUUC Representatives, Celeste Kennedy and Grace Morrison:

NTUUC@CommunityUUChurch.org

UBarU Camp and Retreat Center, Trustee, Bill Daffinee

Wrdaffinee@aol.com

Church Office Hours

Monday: church offices closed: **Tuesday:** 9 am to 3 pm
Wednesday: 9 am to 2:30 pm: **Thursday:** 9 am to 2:30 pm
Friday: 9 am to Noon: **Office Phone #:** 972-424-8989

Reverend Patrick Price

Monday: Available for emergencies only.
Tuesday through Thursday: Noon to 4 pm
Friday: Available for emergencies only.
Other times by appointment. Please contact Reverend Price for appointments and scheduling information.

Director of Religious Education Kathy Smith - On Sabbatical
Sabbatical Dir. Of Religious Education Sandy Kochenower (Sandy K.)
Sunday mornings.

Bookkeeper John Elder Tuesday & Thursday: 10:30am - 2:30pm
other times by appointment.

Membership Coordinator Cindy Pilcher Wednesday: 9 - 11:30am.

Church Secretary Connie Meints
Tuesday 9am to 3pm, **Wednesday & Thursday** 9am to 2:30pm, **Friday**
9am to noon.

Music Director Robert Brown

The Community News

The Community News is distributed to Members and Friends of this church. Visitors who complete a visitor card receive issues for three months. To continue receiving issues, sign the "Welcome Back" book on each visit. Others may subscribe for an annual donation of \$25.00.

The editor encourages and appreciates submissions and on-time submissions are especially delightful. The Community News is published once a month.

Email articles to
newsletter@CommunityUUChurch.org

Please include your name on any news item submitted for The Community News.

Items may be edited for clarity and brevity

Community Unitarian Universalist Church of Plano
2875 E. Parker Rd.
Plano, TX 75074



Adult Religious Education

The Mission of the Adult Religious Education Program is to nurture and stimulate the religious and personal growth of the adult church community. We offer a varied and cohesive program within the context of the living Unitarian Universalist tradition and principles.

We offer a range of classes of interest to adults and youth on weekday evenings throughout the year. Each evening class begins at either 6:30 or 7 pm and ends no later than 9 pm. Sunday class begins at 12:05 pm and ends at 1:30 pm. Our programs include our continuing meditation group and a variety of topical classes.

CHILDCARE is available for all classes, upon request. **To reserve childcare call the Church office (972-424-8989) at least 48 hours in advance.**

Sunday Mornings

Study and Discussion Group - Rev. Patrick Price - 9am Church Library.

Our Fall Series is from the collection, ***Not For Ourselves Alone: Theological Essays on Relationship***, eds. Laurel Hallman and Burton Carley. Skinner House, UUA, Boston. UUA.org/Bookstore. "Twelve essayists encourage a shift in Unitarian Universalism from individualism to connectedness. Shows how we can grow our souls through our relationships with one another and with the Holy." This series runs through November 8th. After the Holiday break, the Winter/Spring Series begins January 19th, 2016. The book for that series will be announced later, so stay tuned. While some hard copies may be available at the class for purchase or use, it is recommended that those interested buy an electronic or hard copy in advance.

Monday Evenings

Vipassana Meditation - Clifton Rule - Annex Room G

Clifton says, "Vipassana means insight into the nature of reality. It is a way of self-transformation through self-observation and introspection. Vipassana meditation is often referred to simply as "insight meditation." This is the backbone of our studies in Meditation on Monday nights. We invite you, as a beginner or as a practiced meditator, to join us on our exploration. We view Buddhism not as a religion but rather as learning the process of meditation to reduce the suffering in our lives and in the world around us. We explore through readings, dharma talks, questions and answers, group discussions and meditation. Join us and explore this process as we all grow together."

Tuesday Evenings

Tibetan Buddhism, Ven. Tashi Nyima - Sanctuary – 7pm. NO class Oct. 13 and 20.

The Eightfold Noble Path - Approaching Enlightenment with Confidence. Please join us for an exploration of the eight components of the Buddhist path: Right View, Right Thought, Right Speech, Right Conduct, Right Livelihood, Right Effort, Right Mindfulness, and Right Concentration.

Choices for Sustainable Living - Produced by the Northwest Earth Institute, beginning October 13, 7 – 8:30pm –

Founders Hall. Facilitator: John Crowley. The Northwest Earth Institute's discussion courses appeal to environmentalists, conservationists and sustainability-motivated persons and groups. They inform and encourage group bonding. *Choices for Sustainable living*, the Institute's most popular course, challenges participants to re-examine commonly-held notions of "sustainability," and even to change our behavior – without judgment or prescription. See [this informative video](#) which includes a testimonial by UU minister Rev. Katherine Jesch of the [UU Ministry for Earth](#). Northwest Earth Institute provides a course book for participants. The cost for the course book is \$27. For each session, there are 4-5 short readings plus several prepared discussion questions drawn from the readings. A typical session includes a review of the readings and a self-led group discussion centering on the prepared questions – and any others that emerge within the group. For some sessions brief videos are used to support the theme. Under the guidance of facilitator John Crowley, attendees will select sessions to facilitate on a topic of their interest. The course also comes as an e-book. The e-book version can be ordered directly from NwEI. The e-book is the same price, \$27, and can be downloaded as a PDF. NwEI also offers an on-line platform for groups to use between their meetings. Please note that registration in advance is required so that Community UU can know how many paper course books to order. To register contact: Celeste.Kennedy@mac.com. Books that were bulk ordered by the Church will be distributed at the first class. Payment for the pre-ordered paper course books will be collected at that time. Checks would be made out to Community UU Church. **The last date to register is Sunday, October 11.** (Continued on other side)

(Continued from other side)

Oct. 13 - Welcome, Introductions and orientation

Oct. 20 - Readings for a Call to Sustainability - ROOM F in Annex

Oct. 27 - Ecological Principles

Foundations of Kabbalah. Wednesdays - beginning October 14, 7pm - Founders Hall. Instructor: Benjamin (Bennie) Halfon, instructor at the Kabbalah Center of Dallas and a popular guest speaker at a recent Sunday Service. Foundations of Kabbalah is nothing less than a spiritual journey that will transform everything that you think you know. This course is designed to be both enlightening and practical, this wisdom is intended to be lived and experienced every day. Over many years, we've seen the wisdom of Kabbalah improve the lives of our students, their families, their communities and by extension, our world. This wisdom is meant for everyone, of all backgrounds and beliefs. "The Foundations class is your doorway to an inspired life, one of lasting fulfillment and purpose." The class includes a video and presentation, with a discussion following. There will be handouts. Classes are in a series so it will be most meaningful to begin with class one.

Oct. 14 - The Limitation of the 5 senses. Oct. 28 - The Opponent in the Game of Life.

Oct. 21 - The Story of Creation.

Thursday Evenings

The Origin of Civilization – 7pm – Rev. Don Fielding – Church Annex.

Oct. 1 – Sedentism & Agriculture in Mesoamerica Oct. 22 - *BREAK*****

Oct. 8 - The Olmec of Lowland Mexico Oct. 29—Beginnings of States in Lowland Mesoamerican

Oct. 15 - Teotihuacan—The First American City

Humanists Group

The Humanists group **meets at 6pm in the Church Annex.** The program is discussion-centered on Humanist-oriented topics led by various speakers. For more information contact Bill Mueller, billmuellertx1602@gmail.com.

Friday Evenings

Easy Yoga on Fridays 6-6:45pm – Sanctuary - George Norwood .

George Norwood, has studied Integral Yoga Meditation with Swami Satchidananda and affirms he has had many yoga classes. **Equipment Needed:** Some may want to bring their yoga mat. **Clothing:** Comfortable and loose fitting.

Summary: 1) Introduction and safety 2) Meditation 3) Yoga Exercises 4) A few advanced postures. All students will be required to sign a release statement. If a person has medical problems the individual is encouraged to consult first with her/his doctor.

Calendar of Upcoming Family-Friendly Events:

Friday, Oct. 2-Sunday, Oct. 4 – Churchwide Camping Trip

Sunday, Oct. 4 – Worship and Religious Education, 10:30 a.m. (RE Games Day)

Sunday, Oct. 11 – Worship and Religious Education, 10:30 a.m.

Friday, Oct. 16 – Everybody Game Night, 6:30-10 p.m.

Saturday, Oct. 17 – Weaving Our Connections, family-friendly leadership event, 2-4 p.m.

Sunday, Oct. 18 – Worship and Religious Education, 10:30 a.m.

Sunday, Oct. 25 – Worship and Religious Education, 10:30 a.m. (children's chapel K-7th)

Saturday, Oct. 31 – Halloween Party, 2-4 p.m.

Sunday, Nov. 7 – Worship and Religious Education, 10:30 a.m.